NOVEMBER 2026

St. Henry Middle & High School

Health-e Pro

MON	TUE	WED	THU	FRI
2 Chicken Nuggets Seasoned Vegetables Soft Pretzel Apple Slices Milk	3 Walking Taco Refried Beans Lettuce, Cheese, Salsa Fresh Orange Milk	4 Italian Meatballs & Sauce WG Breadstick Caesar Salad Fruit Cocktail Milk	5 Cheeseburger Sandwich Tomato, Cheese, Onion Crinkle Fries Applesauce Milk	6 Deep Dish Pepp Pizza Green Beans Sorbet Cup Milk
9 Salisbury Steak Mashed Potatoes Corn WG Bread & Butter Peaches Milk	10 WG Pancake/Sausage Stick Hashbrown Rounds Baby Carrots Fresh Orange Milk	11 Chili Soup Grilled Cheese Fresh Apple Milk	12 French Bread Pepp Pizza Seasoned Broccoli Baby Carrots & Celery 100% Fruit Juice Milk	13 **NO SCHOOL**
16 Chicken Tender Wrap Lettuce/ Cheese Seasoned Redskin Potatoes Pears Milk	17 Nachos Lettuce, Cheese, Salsa Black Beans Banana Milk	18 General Tso or Orange Chicken WG Rice Stir Fry Vegetbles Peaches Milk * BAKED POTATO BAR *	19 Hot Ham & Cheese Sandwich Baby Carrots Cheez-Its Apple Slices Milk	20 Pepperoni Ripper Baby Carrots Mozzarella Cheese Stick Fruit Milk
23 Chicken Patty Sandwich Tomato, Onion Peas Fruit Milk	24 Thanksgiving Feast Mashed Potatoes & Gravy Corn WG Roll Fruit Milk *Pumpkin Bar*	25 Pizza Crunchers w/ Sauce Green Beans Baby Carrots 100% Juice Box Milk	26 **NO SCHOOL** 	27 **NO SCHOOL**
30 **NO SCHOOL**				

ANNOUNCEMENTS

MENU IS SUBJECT TO CHANGE based on product availability.

This institution is an equal opportunity provider.

WG = Whole Grain

MEAL PRICES

K-8 Student Lunch: $2.30
High School Student Lunch: $2.40
Adult Lunch: $3.40

Extra Milk: $0.40
Extra Fruit/ Vegetable: $0.55
Extra Main Item: $1.10
Smarts Snack a la carte items available

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