

OCTOBER 2026

St. Henry Middle & High School

Health-e Pro 

MON

TUE

WED

THU

FRI

			1 Cheeseburger Sandwich Tomato, Onion Crinkle Fries Applesauce Milk	2 NO SCHOOL
5 Roast Beef Sandwich Tomato, Lettuce, Onion Sweet Potato Fries Fresh Apple Milk	6 Fajita Chicken Wrap Black Beans Lettuce, Cheese, Salsa Pineapple Milk	7 Chicken Bacon Ranch Lettuce, Onion Green Beans Peaches Milk	8 Popcorn Chicken Bowl Mashed Potatoes Corn WG Roll Peaches Milk	9 French Bread Pepp Pizza Seasoned Broccoli Baby Carrots & Celery 100% Fruit Juice Milk
12 Chicken Tender Wrap Lettuce/ Cheese Seasoned Redskin Potatoes Pears Milk	13 Nachos Lettuce, Cheese, Salsa Black Beans Banana Milk	14 Chicken Alfredo Vegetable Blend WG Breadstick Peaches Milk	15 Subway Assorted Bell Peppers Cheese, Lettuce Apple Slices Milk	16 Cheese Ripper Baby Carrots Mozzarella Cheese Stick Applesauce Milk
19 Chicken Patty Sandwich Tomato, Onion Peas Pineapple Milk	20 Chipotle Bowl w/ Rice Black Beans Lettuce, Cheese, Salsa Pears Milk	21 Baked Ziti Caesar Salad Breadstick Fresh Apple Milk National Apple Day!	22 BBQ Pork Nachos Corn Toppings Mandarine Oranges Milk	23 Buffalo or BBQ Chicken Pizza Green Beans Cheese Goldfish 100% Fruit Juice Milk
26 Hotdog Sandwich Wedge Cut Fries Strawberry Gogurt Applesauce Milk POTATO BAR - No Salads	27 Taco Pizza Black Beans, Salsa Romaine Salad Pears Milk	28 Turkey Sausage Links French Toast Sticks Baby Carrots Banana Milk	29 Beef & Noodles Baby Carrots WG Roll Peaches Milk	30 Pepperoni Bosco Stick Broccoli & Cheese Cheese Stick Sorbet Cup Milk

ANNOUNCEMENTS

Ensure completion of the Free/Reduced Lunch Application for the 26-27 School year.

MENU IS SUBJECT TO CHANGE based on product availability.

This institution is an equal opportunity provider.

WG = Whole Grain

MEAL PRICES

K-8 Student Lunch: \$2.30
High School Student Lunch: \$2.40
Adult Lunch: \$3.40

Extra Milk: \$0.40
Extra Fruit/ Vegetable: \$0.55
Extra Main Item: \$1.10
Smarts Snack a la carte items available