

**LUNCH**

# FEBRUARY 2026

## St. Henry Middle & High School

February is National Snack Food Month. Snacks are an important part of a healthy eating plan. Make sure they are nutritious, such as nuts, fruit, vegetables, whole grains, cheese, and yogurt to name a few.

**Monday**

Roast Beef Sandwich  
Lettuce, Tomato, Onion  
Round Hash Browns  
Fresh Apple  
Milk

**2**

NO ALTERNATE

**Tuesday**

Chipotle Bowl w/ Rice  
Black Beans  
Lettuce, Shredded Cheese, Salsa  
Pineapple  
Milk

**3**

NO ALTERNATE

**Wednesday**

Chicken Alfredo  
Peas  
Baby Carrots  
Strawberry or Peach Cup  
Yogurt  
Milk

**4**

NO ALTERNATE

**Thursday**

Popcorn Chicken Bowl  
Mashed Potatoes, Corn  
Garden Salad  
Peaches  
Milk

**5**

NO ALTERNATE

**Friday**

WG French Bread Pepp. Pizza  
Green Beans  
Baby Carrots & Celery  
100% Fruit Juice  
Milk

**6**

NO ALTERNATE

Chicken Tender Wrap  
Iceberg Lettuce  
Cheesy Potatoes  
Pears  
Milk

**9**

NO ALTERNATE

Vegetable Soup  
Cheese Breadstick  
Baby Carrots  
Fresh Fruit  
Milk

**10**

NO ALTERNATE

General Tso or Orange Chicken  
WG Rice  
Stir Fry Vegetables  
Peaches  
Milk

**11**

NO ALTERNATE

Cheese Ripper  
Romain Salad  
Baby Carrots  
Mozzarella Cheese Stick w/ Sauce  
Fruit  
Milk

**12**

NO ALTERNATE

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Loaded Tater Tots  
Toppings  
Black Beans  
Pears  
WG Soft Pretzel Stick  
Milk

**17**

NO ALTERNATE

Mac 'n Cheese  
Green Beans  
Strawberry or Peach Cup  
Yogurt - HS  
Milk

**18**

NO ALTERNATE

BBQ Pulled Pork Sandwich  
Hashbrown  
Coleslaw  
Fresh Apple  
Milk

**19**

Egg Omelet w/ Colby Cheese  
WG Waffles w/ Syrup  
Baby Carrots & Celery  
Fruit  
Milk

**20**

NO ALTERNATE

Hamburger Sandwich  
Toppings  
Wedge Cut Sweet Potato Fries  
Applesauce  
Milk

**23**

NO ALTERNATE

Taco Pizza  
Refried Beans, Salsa  
Romain Lettuce  
Pineapple  
Milk

**24**

NO ALTERNATE

Pizza Casserole  
Peas  
WG Breadstick  
Apple Slices  
Milk

**25**

NO ALTERNATE

Smoked Sausage w/ Sauerkraut  
Mashed Potatoes  
Corn  
Peaches  
Milk

**26**

NO ALTERNATE

Cheese Pizza Wedges  
Broccoli & Cheese  
Strawberry Kiwi Sorbet Cup- HS  
Fruit  
Milk

**27**

NO ALTERNATE

**PLEASE NOTE: Menus are subject to change based on product availability**

This institution is an equal opportunity provider.