



# FEBRUARY 2026

## St. Henry Middle & High School

February is National Snack Food Month. Snacks are an important part of a healthy eating plan. Make sure they are nutritious, such as nuts, fruit, vegetables, whole grains, cheese, and yogurt to name a few.

### Monday

Roast Beef Sandwich  
Lettuce, Tomato, Onion  
Round Hash Browns  
Fresh Apple  
Milk

2

NO ALTERNATE

Chicken Tender Wrap  
Iceberg Lettuce  
Cheesy Potatoes  
Pears  
Milk

9

NO ALTERNATE

No School

16

Hamburger Sandwich  
Toppings  
Wedge Cut Sweet Potato Fries  
Applesauce  
Milk

23

NO ALTERNATE

### Tuesday

Chipotle Bowl w/ Rice  
Black Beans  
Lettuce, Shredded Cheese, Salsa  
Pineapple  
Milk

3

NO ALTERNATE

Vegetable Soup  
Cheese Breadstick  
Baby Carrots  
Fresh Fruit  
Milk

10

NO ALTERNATE

Loaded Tater Tots  
Toppings  
Black Beans  
Pears  
WG Soft Pretzel Stick  
Milk

17

NO ALTERNATE

Taco Pizza  
Refried Beans, Salsa  
Romain Lettuce  
Pineapple  
Milk

24

NO ALTERNATE

### Wednesday

Chicken Alfredo  
Peas  
Baby Carrots  
Strawberry or Peach Cup  
Yogurt  
Milk

4

NO ALTERNATE

General Tso or Orange Chicken  
WG Rice  
Stir Fry Vegetables  
Peaches  
Milk

11

NO ALTERNATE

Mac 'n Cheese  
Green Beans  
Strawberry or Peach Cup  
Yogurt - HS  
Milk

18

NO ALTERNATE

Pizza Casserole  
Peas  
WG Breadstick  
Apple Slices  
Milk

25

NO ALTERNATE

### Thursday

Popcorn Chicken Bowl  
Mashed Potatoes, Corn  
Garden Salad  
Peaches  
Milk

5

NO ALTERNATE

Cheese Ripper  
Romain Salad  
Baby Carrots  
Mozzarella Cheese Stick w/ Sauce  
Fruit  
Milk

12

NO ALTERNATE

BBQ Pulled Pork Sandwich  
Hashbrown  
Coleslaw  
Fresh Apple  
Milk

19

NO ALTERNATE

Smoked Sausage w/ Sauerkraut  
Mashed Potatoes  
Corn  
Peaches  
Milk

26

NO ALTERNATE

### Friday

WG French Bread Pepp. Pizza  
Green Beans  
Baby Carrots & Celery  
100% Fruit Juice  
Milk

6

NO ALTERNATE

No School

13

Egg Omelet w/ Colby Cheese  
WG Waffles w/ Syrup  
Baby Carrots & Celery  
Fruit  
Milk

20

NO ALTERNATE

Cheese Pizza Wedges  
Broccoli & Cheese  
Strawberry Kiwi Sorbet Cup- HS  
Fruit  
Milk

27

NO ALTERNATE

PLEASE NOTE: Menus are subject to change based on product availability  
This institution is an equal opportunity provider.