



# SEPTEMBER 2025

St. Henry Elementary School

September is National Better Breakfast Month! Breakfast is considered the most important meal of the day. Try Eggs, Whole Grains, Greek Yogurt, and Fresh Fruit for essential vitamins and minerals your body needs!

Monday

Labor Day

**NO SCHOOL**

Tuesday

Fajita Chicken Wrap  
Wedge Cut Sweet Potato Fries  
Romain Lettuce, Shredded Cheese  
Pears  
Milk

Alt – Turkey Sandwich

Wednesday

Macaroni and Cheese  
Green Beans  
Baby Carrots  
Apple Slices  
Strawberry Cup  
Milk

**NO ALTERNATE**

Thursday

Popcorn Chicken  
Mashed Potatoes  
Corn  
Peaches  
Strawberry Banana Yogurt  
Milk

Alt – Deli Sandwich

Friday

Pizza Boat  
Romain Lettuce  
Fruit  
Jonny Pop  
Milk

**NO ALTERNATE**

Chicken Tenders  
Cheesy Potatoes  
Celery & Carrots w/ Ranch  
Pineapple  
Milk

Alt – Ham Sandwich

Walking Taco  
Tortilla Chips  
Lettuce, Shredded Cheese  
Salsa/ Corn Black Bean Salsa  
Mandarin Oranges  
Milk

Alt – Turkey Sandwich

Pancake on a Stick  
Baby Carrots  
Fresh Apple  
Strawberry Yogurt  
Scooby Doo Graham Crackers  
Milk

**NO ALTERNATE**

Hot Ham and Cheese  
WG Soft Pretzel  
Corn Black Bean Salsa  
Tortilla Chips  
Peaches  
Milk

**NO ALTERNATE**

Pepperoni Pizza Ripper  
Romaine Salad  
Corn  
Fruit  
Milk

**NO ALTERNATE**

Chicken Patty Sandwich  
Lettuce & Tomato  
Sweet Potato Waffle Fries  
Peaches  
Milk

Alt – Ham Sandwich

Turkey Cheese Wrap  
Lettuce, Shredded Cheese  
Potato Smiles  
Fresh Orange  
Milk

**NO ALTERNATE**

Pasta & Meat Sauce  
Cheese Breadstick  
Broccoli & Cheese  
Pears  
Milk

**NO ALTERNATE**

Hamburger Sandwich  
Lettuce & Tomato  
Baked Beans  
Baby Carrots  
Grapes  
Milk

Alt – Deli Sandwich

French Bread Cheese Pizza  
Green Beans  
Pretzels  
Craisins  
Milk

**NO ALTERNATE**

Hotdog Sandwich  
Seasoned Cubed Sandwich  
Peas  
Applesauce  
Milk

Alt – Ham Sandwich

Taco Pizza  
Refried Beans  
Romain Lettuce  
Pineapple  
Milk

Alt – Turkey Sandwich

English Muffin Sandwich w/  
Sausage/Egg/ Cheese  
Baby Carrots  
Pears  
Milk

**NO ALTERNATE**

Beef & Noodles  
Corn  
Romaine Salad  
Peaches  
Strawberry Kiwi Sorbet Cup  
Milk

Alt – Deli Sandwich

Pizza Casserole  
Green Beans  
WG Breadstick  
Fruit  
Milk

**NO ALTERNATE**

Chicken Nuggets  
Baked Beans  
WG Cheez Its  
Fruit Cocktail  
Milk

Alt – Ham Sandwich

Soft Taco  
Brown Rice, Iceberg Lettuce  
Cheese & Salsa  
Fresh Orange  
Milk

Alt – Turkey Sandwich

**PLEASE NOTE: Menus are subject to change based on product availability**  
This institution is an equal opportunity provider.