



# JANUARY 2026

St. Henry Middle & High School

January is National Homemade Soup month, so it's the perfect time to indulge in the nourishing power of soup. Let's drive away those chilly winter blues with a hot nutritious bowl of goodness!

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Bacon Ranch Sub  
Potato Smiles  
Pears  
Milk

5

**NO SALADS or ALTERNATE**

Pizza Casserole  
Peas  
WG Cheese Breadstick  
Mandarin Oranges  
Milk

12

**NO ALTERNATE**

**No School**  
Martin Luther King Jr. Day

19

Chicken Nuggets  
Baked Beans  
Pasta Salad  
Mandarin Oranges  
Milk

26

**NO ALTERNATE**

Soft Taco  
Iceberg Lettuce  
Shredded Cheese & Salsa  
Mandarin Oranges  
Milk

6

**NO ALTERNATE**

Loaded Tater Tots  
Toppings  
Black Beans  
Soft Pretzel Stick  
Pears  
Milk

13

**NO ALTERNATE**

Taco Pizza  
Romain Salad  
Black Beans, Salsa  
Pineapple  
Milk

20

**BAKED POTATO BAR**  
**NO SALADS OR ALTERNATE**

Walking Taco  
Iceberg Lettuce  
Shredded Cheese & Salsa  
Tortilla Chips  
Fresh Orange  
Milk

27

**NO ALTERNATE**

General Tso or Orange Chicken  
WG Rice  
Stir Fry Vegetables  
Peaches  
Milk

7

**NO ALTERNATE**

Chicken Noodle Soup  
Carrots & Celery  
Cinnamon Roll  
Strawberry Cup  
Milk

14

**NO ALTERNATE**

English Muffin sandwich w/  
Sausage/Egg/Cheese  
Seasoned Cubed Potatoes  
Fresh Banana  
Milk

21

**NO ALTERNATE**

Italian Meatballs w/ Sauce  
Breadstick  
Caesar Salad  
Pears  
HS- Chocolate Chip Cookie  
Milk

28

**NO ALTERNATE**

Subway  
Assorted Peppers/ Toppings  
Apple Slices  
Milk

8

**NO ALTERNATE**

BBQ Pulled Pork Nachos  
Toppings  
Applesauce  
Milk

15

**NO ALTERNATE**

Cream Chicken/Turkey  
Mashed Potatoes  
WG Roll  
Peaches  
Zees Campfire Smores Bar  
Milk

22

**NO ALTERNATE**

BBQ Rib Sandwich  
Potato Smiles  
Coleslaw  
Apple Slices  
Milk

29

**NO ALTERNATE**

Pepperoni Ripper  
Green Beans  
Mozzarella Cheese Stick w/ Sauce  
Baby Carrots  
Fruit  
Milk

9

**NO ALTERNATE**

Buffalo or BBQ Chicken Pizza  
Green Beans  
Baked Chips  
100% Fruit Juice  
Milk

16

**NO ALTERNATE**

Pepperoni Bosco Stick  
Broccoli & Cheese  
Colby Jack Cheese Stick  
Strawberry Kiwi Sorbet Cup  
Milk

23

**NO ALTERNATE**

Pizza Sub  
Peas  
WG Cheddar Goldfish  
Craisins  
Milk

30

**NO ALTERNATE**

**PLEASE NOTE: Menus are subject to change based on product availability**

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