

A woman with her hair pulled back, wearing a white and black striped shirt, is looking down at a smartphone she is holding in her hands. The background is a blurred indoor setting.

988

SUICIDE
& CRISIS
LIFELINE

Ohio

Having thoughts of suicide or experiencing a behavioral health crisis? There is hope.

Call or text [988](tel:988) or chat 988Lifeline.org for 24/7, confidential support.

A man with a goatee and a black cap is looking directly at the camera with a neutral expression. He is wearing a dark sweater over a collared shirt. The background is a blurred indoor setting.

988

SUICIDE
& CRISIS
LIFELINE

Ohio

Having thoughts of suicide or experiencing a behavioral health crisis? There is hope.

Call or text [988](tel:988) or chat 988Lifeline.org for 24/7, confidential support.